Dungannon Primary School Menu – November 2025



	Monday	Tuesday	Wednesday	Thursday	Friday
3 rd	Oven-baked Fish Fingers	Beef Bolognese- Or -	Lunch Bunch Chicken Curry	Roast Beef & Yorkshire	Hot Dog with Tomato Ketchup-
November	OR	Homemade Healthy	with Freshly Baked Mini Naan	Pudding with Stuffing &	Or –
	Spanish Chicken & Rice Garden Peas & Steamed	Margherita Pizza with Fresh Salad	Bread OR Baked Chicken &	Gravy OR	Cheesy Bean Burrito with Fresh Salad
	Sweetcorn	Salau Steamed Broccoli & Coleslaw	Vegetable Wrap with Fresh Salad	Salmon with a Creamy Dill & Cheese Sauce	Mini Corn on the Cob & Baked
	Chipped Potatoes or Baked	Pasta Spirals or Baby Potatoes	Baton Carrots & Garden Peas	Fresh Vegetables in Season	Beans Chipped Potatoes or
	Potato	rasta Spirais of Baby Fotatoes	Steamed Rice or Mashed	Oven-baked Roast Potatoes	Baked Potato
	Totato		Potatoes	or Mashed Potatoes	baked i otato
	Chocolate Mousse & Mandarin	Apple Sponge & Custard	Vanilla Ice Cream & Pear	or washed rotatoes	Yoghurt & Chopped Fruit
	Oranges	Apple sponge a castara	Chunks	Carrot Cake Slice	rognare & enopped real
	Oven-baked Fish Goujons with	Traditional Savoury Mince - Or	Lunch Bunch Chicken Curry	Roast Chicken with Stuffing &	Beef Burger with Tomato
10 th	Lemon Mayo - Or - Creamy	- Homemade Healthy	with Freshly Baked Mini Naan	Gravy - Or - Vegetarian	Ketchup - Or - BBQ Pulled Pork
	Garlic Chicken & Mushroom	Margherita Pizza with Fresh	Bread- Or –	Cottage Pie Fresh Selection	and Cheese Panini
November	Pasta	Salad Broccoli & Roasted	Quorn Dippers	of Vegetables in Season	Baked Beans, Coleslaw & Salad
	Diced Carrots & Garden Peas	Butternut Squash Mashed	Garden Peas & Sweetcorn	Oven-baked Roast Potatoes	Chipped Potatoes or Baked
	Crispy Herb Diced Potatoes &	Potatoes & Roasted Potato	Steamed Rice or Baby Potatoes	& Mashed Potatoes	Potato
	Mashed Potatoes	Wedges			Strawberry Yoghurt & Chopped
	Flake meal Biscuit & Melon	Chocolate & Pear Sponge Cake	Date Krispie & Orange Wedge	Vanilla Ice Cream Roll &	Fruit
	Wedge	& Custard		Peaches	
	Oven-baked Fish Fingers - Or -	Beef Bolognese - Or -	Lunch Bunch Chicken Curry	Roast Gammon with Stuffing	Southern Fried Chicken Goujon
17 th	Kung Po Chicken	Homemade Healthy	with Freshly Baked Mini Naan	& Gravy - Or - Vegetarian	& Salad Wrap with Taco Sauce -
November	Roasted Peppers & Sweetcorn	Margherita Pizza with Fresh	Bread - Or – Breast of Chicken	Sausages with Onion Gravy	Or - Baked Potato with Beef
November	Chipped Potatoes or Steamed	Salad Steamed Broccoli &	with Gravy. Garden Peas &	Fresh Selection of Vegetables	Chilli, Cheddar and Coleslaw
	Fluffy Rice	Coleslaw Oven-roasted Potato	Baton Carrots Steamed Rice or	in Season Oven-baked Roast	Mini Corn on the Cob & Baked
		Wedges or Pasta Spirals	Mashed Potatoes	Potatoes or Mashed Potatoes	Beans. Chipped Potatoes or
	Apple and Winter Berry	Strawberry Jelly & Mandarin	Homemade Chocolate Brownie	Popcorn Biscuit & Melon	Baked Potato
	Crumble & Custard	Oranges	& Custard	Wedge	Frozen Fruit Smoothie & Fruit
	Cod Fish Dites with Mays Din	Traditional Irish Stew with	Lunch Bunch Chicken Curry	Roast Turkey with Stuffing &	Tub Homemade Margherita or Mini
	Cod Fish Bites with Mayo Dip OR	Wheaten Bread	with Freshly Baked Mini Naan	Gravy - Or – Quorn Fillet with	Meatball Pizza
24 th	Penne Pasta with Roasted	OR	Bread - Or – Roast Chicken	Creamy Cajun Sauce	OR
November	Tomato and Red Pepper Sauce	Oven-baked Pork Sausages	wrapped in Bacon with BBQ	Fresh Selection of Vegetables	Veggie Nuggets with Tomato
	Garden Peas, Coleslaw &	Broccoli & Baked Beans	Sauce	in Season	Ketchup
	Carrot Sticks	Mashed Potatoes or Baked	Sweetcorn & Ratatouille	Oven-baked Roast Potatoes	Sweetcorn, Coleslaw & Salad
	Chipped Potatoes or Mashed	Potato	Steamed Rice or Champ	or Mashed Potatoes	Chipped Potatoes or Baked
	Potatoes				Potato
	Strawberry Mousse & Two	Steamed Chocolate Pudding &	Homemade Cookie & Orange	Chocolate Cracknel & Fruit	Frozen Yoghurt Pot & Fruit Tub
	, Fruits	Custard	Wedges	Tub	

Breads Milk, Water Fresh Fruit, Yoghurt **Available Daily**

Salad Selection Rice Salad, Coleslaw Sweet Chilli Pasta **Tossed Salad** Lettuce, Cherry **Tomato Grated Carrots** Cucumber **Diced Red Peppers Red Onion** Radish **Beetroot**

If You Require **Any Additional** Information on Allergens or **Special Diets** Please Contact the School to complete a **Special Diets Application Form**

EAT SMART WITH THE LUNCH BUNCH

MENUS MAY CHANGE DUE TO DELIVERY CHANGES