

# Dungannon Primary School Menu – September 2025



|   | Monday   | Tuesday   | Wednesday  | Thursday   | Friday  |
|---|--|---|--|--|---|
| <b>1<sup>st</sup> September week 2</b>  | Homemade Beef Bolognese<br>OR<br>Home Baked Margherita Pizza & Coleslaw<br>Green Beans & Diced Carrots<br>Penne Pasta or Baby Potatoes with Herbs<br>Iced Lemon Sponge Finger                        | Baked Breaded Whiting & Tartare Mayo OR<br>Creamy Mac 'n' Cheese & Garlic Bread<br>Garden Peas & Sweetcorn<br>Chipped Potatoes or Baked Jacket Potato<br>Forest Fruits Flavoured Jelly with Mandarin Oranges          | Lunch Bunch Chicken Curry with Freshly Baked Mini Naan Bread OR<br>Quorn Fillet with Creamy Pepper Sauce<br>Broccoli & Roasted Butternut Squash<br>Steamed Fluffy Rice or Oven-Baked Herb Wedges<br>Cheesecake with Strawberry Sauce | Cook's Gammon with Stuffing & Gravy OR<br>Penne Pasta with Tomato & Basil Sauce<br>Fresh Selection of Vegetables in Season<br>Oven Baked Roast Potatoes & Mashed Potatoes<br>Belgian Waffle with Fruit Salad & Chocolate Sauce       | Oven Baked Chicken Goujons with choice of Dip OR<br>Baked Potato with Cheesy Beans & Salad<br>Baked Beans & Coleslaw<br>Chipped Potatoes or Baked Jacket Potato<br><br>Artic Roll with Summer Berry Sauce         |
| <b>8<sup>th</sup> September week 3</b>  | Golden Crumbed Fish Fingers & Mayo Dip<br>OR<br>Roasted Garlic & Pesto Chicken Pasta<br>Garden Peas & Baked Beans<br>Mashed Potato or Pasta Salad<br><br>Home-baked Chocolate & Raspberry Brownie    | Homemade Beef Lasagne with Garlic Bread Slice<br>OR<br>Home-Baked Margherita Piza with Salad in Season<br>Baton Carrots & Broccoli<br>Chipped Potato & Baby Potato Salad<br>Assorted Yoghurt Pots & Fresh Fruit Salad | Lunch Bunch Chicken Curry with Freshly Baked Mini Naan Bread<br>OR<br>Oven-Baked Pork Sausages with Gravy or Ketchup<br>Sweetcorn & Spaghetti Hoops<br>Steamed Fluffy Rice or Mashed Potato<br>Caramel Apple Crumble & Custard       | Cook's Roast Turkey with Stuffing & Gravy<br>OR<br>Salmon Fishcake with Mayo<br>Fresh Selection of Vegetables in Season<br>Oven Baked Roast Potatoes & Mashed Potatoes<br><br>Ice Cream with Two Fruits                              | Cheeseburger with Burger Sauce in Bap<br>OR<br>Tex-Mex Chicken Fajita<br>Mini Corn-on-the-Cob & Coleslaw.<br>Chipped Potatoes or Baked Jacket Potato<br>Home-baked Oaty Biscuit with Fresh Fruit                  |
| <b>15<sup>th</sup> September week 4</b> | Oven Baked Cod Goujons with Mayo Dip OR<br>Veggie Dog with Crispy Onions & Ketchup<br>Garden Peas & Potato Salad<br>Chipped Potatoes or Baked Jacket Potato<br>Ice-Cream Slider & Orange Wedges      | Homemade Spaghetti Bolognese<br>OR<br>Chicken Tikka Mayo Wrap with Salad & Coleslaw<br>Baton Carrots & Broccoli<br>Spaghetti & Parsley Baby Potatoes<br>Homemade Jam & Coconut Sponge & Custard                       | Lunch Bunch Chicken Curry with Freshly Baked Mini Naan Bread OR<br>Home Baked Margherita or BBQ Chicken Pizza. Mini Corn on the Cob & Butternut Squash. Steamed Rice or Oven Roasted Cubed Potatoes.<br>Summer Fruit Salad & Yoghurt | Cook's Roast Pork with Stuffing & Gravy OR<br>Homemade Savoury Mince with Crusty Bread<br>Fresh Selection of Vegetables in Season. Oven Baked Roast Potatoes & Mashed Potatoes<br>Strawberry Jelly & Sliced Pears                    | Oven Baked Chicken Nuggets with Choice of Dip OR<br>Ham & Mushroom Carbonara & Garlic Bread Slice<br>Sweetcorn & Baked Beans<br>Chipped Potatoes or Baked Jacket Potato<br>Homemade Shortbread & Watermelon Wedge |
| <b>22<sup>nd</sup> September week 1</b> | Baked Cod Bites with mayo Dip<br>OR<br>Sweet Chilli Chicken Panini & Salad in Season<br>Mushy Peas & Coleslaw<br>Chipped Potatoes or Baked Jacket Potato<br>Chocolate Krispie Square & Orange Wedges | Home-Baked Margherita or Tex-Mex Spicy Beef Pizza<br>OR<br>Penne Pasta & Roasted Mediterranean Vegetables<br>Baton Carrots & Broccoli<br>Oven Baked Paprika Wedges & Baby Potato Salad<br>Cola Jelly & Chopped Fruit  | Lunch Bunch Chicken Curry with Freshly Baked Mini Naan Bread OR<br>BBQ Pulled Pork with Cheese in Brioche Bun<br>Sweetcorn & Roasted Butternut Squash<br>Steamed Fluffy Rice & Pasta Salad<br>Angel Cake & Custard                   | Cook's Roast Beef & Yorkshire Pudding with Stuffing & Gravy OR<br>Quorn Dippers with Choice of Dip<br>Fresh Selection of Vegetables in Season. Oven Baked Roast Potatoes & Mashed Potatoes<br>Ice-Cream Sliced Pears & Caramel Sauce | Hot Dog with Ketchup<br>OR<br>BBQ Chicken Wrap with Salad in Season<br>Mini Corn on the Cob & Baked Beans<br>Skinny 'French Fries' or Baked Jacket Potato<br>Chocolate Cookie & Milkshake                         |

**Breads**  
**Milk, Water**  
**Fresh Fruit,**  
**Yoghurt**  
**Available Daily**

**Salad Selection**  
**Rice Salad,**  
**Coleslaw**  
**Sweet Chilli Pasta**  
**Tossed Salad**  
**Lettuce, Cherry**  
**Tomato**  
**Grated Carrots**  
**Cucumber**  
**Diced Red Peppers**  
**Red Onion**  
**Radish**  
**Beetroot**

**If You Require**  
**Any Additional**  
**Information on**  
**Allergens or**  
**Special Diets**  
**Please Contact**  
**the School to**  
**complete a**  
**Special Diets**  
**Application Form**

EAT SMART WITH **THE LUNCH BUNCH**

**MENUS MAY CHANGE**  
**DUE TO DELIVERY CHANGES**