

Dungannon Primary School Menu – January / February 2026

	Monday	Tuesday	Wednesday	Thursday	Friday
12 th January	Oven-baked Fish Goujons with Lemon Mayo - Or - Creamy Garlic Chicken & Mushroom Pasta Diced Carrots & Garden Peas Crispy Herb Diced Potatoes & Mashed Potatoes Flake meal Biscuit & Melon Wedge	Traditional Savoury Mince - Or - Homemade Healthy Margherita Pizza with Fresh Salad Broccoli & Roasted Butternut Squash Mashed Potatoes & Roasted Potato Wedges Chocolate & Pear Sponge Cake & Custard	Lunch Bunch Chicken Curry with Freshly Baked Mini Naan Bread- Or – Quorn Dippers Garden Peas & Sweetcorn Steamed Rice or Baby Potatoes Date Krispie & Orange Wedge	Roast Chicken with Stuffing & Gravy -Or- Vegetarian Cottage Pie Fresh Selection of Vegetables in Season Oven-baked Roast Potatoes & Mashed Potatoes Vanilla Ice Cream Roll & Peaches	Beef Burger with Tomato Ketchup - Or - BBQ Pulled Pork and Cheese Panini Baked Beans, Coleslaw & Salad Chipped Potatoes or Baked Potato Strawberry Yoghurt & Chopped Fruit
19 th January	Oven-baked Fish Fingers - Or - Kung Po Chicken Roasted Peppers & Sweetcorn Chipped Potatoes or Steamed Fluffy Rice Apple and Winter Berry Crumble & Custard	Beef Bolognese - Or - Homemade Healthy Margherita Pizza with Fresh Salad Steamed Broccoli & Coleslaw Oven-roasted Potato Wedges or Pasta Spirals Strawberry Jelly & Mandarin Oranges	Lunch Bunch Chicken Curry with Freshly Baked Mini Naan Bread - Or – Breast of Chicken with Gravy. Garden Peas & Baton Carrots Steamed Rice or Mashed Potatoes Homemade Chocolate Brownie & Custard	Roast Gammon with Stuffing & Gravy - Or - Vegetarian Sausages with Onion Gravy Fresh Selection of Vegetables in Season Oven-baked Roast Potatoes or Mashed Potatoes Popcorn Biscuit & Melon Wedge	Southern Fried Chicken Goujon & Salad Wrap with Taco Sauce – Or- Baked Potato with Beef Chilli, Cheddar and Coleslaw Mini Corn on the Cob & Baked Beans Chipped Potatoes or Baked Potato Frozen Fruit Smoothie & Fruit Tub
26 th January	Cod Fish Bites with Mayo Dip – Or- Penne Pasta with Roasted Tomato and Red Pepper Sauce Garden Peas, Coleslaw & Carrot Sticks Chipped Potatoes or Mashed Potatoes Strawberry Mousse & Two Fruits	Traditional Irish Stew with Wheaten Bread – Or- Oven baked Pork Sausages Broccoli & Baked Beans Mashed Potatoes or Baked Potato Steamed Chocolate Pudding & Custard	Lunch Bunch Chicken Curry with Freshly Baked Mini Naan Bread – Or- Roast Chicken Wrapped in Bacon With BBQ Sauce Sweetcorn & Ratatouille Steamed Rice or Champ Homemade Chocolate Brownie & Custard	Roast Turkey with Stuffing & Gravy -Or- Quorn Fillet with Creamy Cajun Sauce Fresh Selection of Vegetables in Season Oven-baked Roast Potatoes or Mashed Potatoes Chocolate Cracknel & Fruit Tub	Homemade Margherita or Mini Meatball Pizza -Or- Veggie Nuggets with Tomato Ketchup Sweetcorn, Coleslaw & Salad Chipped Potatoes or Baked Potato Frozen Yoghurt Pot & Melon Wedge
2 nd February	Oven-baked Fish Fingers- Or - Spanish Chicken & Rice Garden Peas & Steamed Sweetcorn Chipped Potatoes or Baked Potato Chocolate Mousse & Mandarin Oranges	Beef Bolognese- Or - Homemade Healthy Margherita Pizza with Fresh Salad Steamed Broccoli & Coleslaw Pasta Spirals or Baby Potatoes Apple Sponge & Custard	Lunch Bunch Chicken Curry with Freshly Baked Mini Naan Bread- Or -Baked Chicken & Vegetable Wrap with Fresh Salad Baton Carrots & Garden Peas Steamed Rice or Mashed Potatoes Vanilla Ice Cream & Pear Chunks	Roast Beef & Yorkshire Pudding with Stuffing & Gravy- Or -Salmon with a Creamy Dill & Cheese Sauce Fresh Vegetables in Season Oven-baked Roast Potatoes or Mashed Potatoes Carrot Cake Slice	Hot Dog with Tomato Ketchup- Or -Cheesy Bean Burrito with Fresh Salad Mini Corn on the Cob & Baked Beans Chipped Potatoes or Baked Potato Yoghurt & Chopped Fruit

EAT SMART WITH

THE LUNCH BUNCH

MENUS MAY CHANGE
DUE TO DELIVERY CHANGES

Breads
Milk, Water
Fresh Fruit,
Yoghurt
Available Daily

Salad Selection
Rice Salad,
Coleslaw
Sweet Chilli Pasta
Tossed Salad
Lettuce, Cherry Tomato
Grated Carrots
Cucumber
Diced Red Peppers
Red Onion
Radish
Beetroot

If You Require Any Additional Information on Allergens or Special Diets Please Contact the School to complete a Special Diets Application Form