

# Dungannon Primary School Menu – September/October 2025



	Monday	Tuesday	Wednesday	Thursday	Friday
<b>29<sup>th</sup> September</b>	Homemade Beef Bolognese OR Home Baked Margherita Pizza & Coleslaw Green Beans & Diced Carrots Penne Pasta or Baby Potatoes with Herbs Iced Lemon Sponge Finger	Baked Breaded Whiting & Tartare Mayo OR Creamy Mac 'n' Cheese & Garlic Bread Garden Peas & Sweetcorn Chipped Potatoes or Baked Jacket Potato Forest Fruits Flavoured Jelly with Mandarin Oranges	Lunch Bunch Chicken Curry with Freshly Baked Mini Naan Bread OR Quorn Fillet with Creamy Pepper Sauce Broccoli & Roasted Butternut Squash Steamed Fluffy Rice or Oven-Baked Herb Wedges Cheesecake with Strawberry Sauce	Cook's Gammon with Stuffing & Gravy OR Penne Pasta with Tomato & Basil Sauce Fresh Selection of Vegetables in Season Oven Baked Roast Potatoes & Mashed Potatoes Belgian Waffle with Fruit Salad & Chocolate Sauce	Oven Baked Chicken Goujons with choice of Dip OR Baked Potato with Cheesy Beans & Salad Baked Beans & Coleslaw Chipped Potatoes or Baked Jacket Potato  Artic Roll with Summer Berry Sauce
<b>6<sup>th</sup> October</b>	Oven-baked Fish Fingers- Or - Spanish Chicken & Rice Garden Peas & Steamed Sweetcorn Chipped Potatoes or Baked Potato Chocolate Mousse & Mandarin Oranges	Beef Bolognese- Or - Homemade Healthy Margherita Pizza with Fresh Salad Steamed Broccoli & Coleslaw Pasta Spirals or Baby Potatoes Apple Sponge & Custard	Lunch Bunch Chicken Curry with Freshly Baked Mini Naan Bread- Or -Baked Chicken & Vegetable Wrap with Fresh Salad Baton Carrots & Garden Peas Steamed Rice or Mashed Potatoes Vanilla Ice Cream & Pear Chunk	Roast Beef & Yorkshire Pudding with Stuffing & Gravy- Or -Salmon with a Creamy Dill & Cheese Sauce Fresh Vegetables in Season Oven-baked Roast Potatoes or Mashed Potatoes Carrot Cake Slice	Hot Dog with Tomato Ketchup- Or -Cheesy Bean Burrito with Fresh Salad Mini Corn on the Cob & Baked Beans Chipped Potatoes or Baked Potato Yoghurt & Chopped Fruit
<b>13<sup>th</sup> October</b>	Oven-baked Fish Goujons with Lemon Mayo - Or - Creamy Garlic Chicken & Mushroom Pasta Diced Carrots & Garden Peas Crispy Herb Diced Potatoes & Mashed Potatoes Flake meal Biscuit & Melon Wedge	Traditional Savoury Mince - Or - Homemade Healthy Margherita Pizza with Fresh Salad Broccoli & Roasted Butternut Squash Mashed Potatoes & Roasted Potato Wedges Chocolate & Pear Sponge Cake & Custard	Lunch Bunch Chicken Curry with Freshly Baked Mini Naan Bread - Or - Quorn Dippers Garden Peas & Sweetcorn Steamed Rice & Baby Potatoes Date Krispie & Orange Wedge	Roast Chicken with Stuffing & Gravy - Or - Vegetarian Cottage Pie Fresh Selection of Vegetables in Season Oven-baked Roast Potatoes & Mashed Potatoes Vanilla Ice Cream Roll & Peaches	Beef Burger with Tomato Ketchup - Or - BBQ Pulled Pork and Cheese Panini Baked Beans, Coleslaw & Salad Chipped Potatoes & Baked Potato Strawberry Yoghurt & Chopped Fruit
<b>20<sup>th</sup> October</b>	Oven-baked Fish Fingers - Or - Kung Po Chicken Roasted Peppers & Sweetcorn Chipped Potatoes & Steamed Fluffy Rice Apple and Winter Berry Crumble & Custard	Beef Bolognese - Or - Homemade Healthy Margherita Pizza with Fresh Salad Steamed Broccoli & Coleslaw Oven-roasted Potato Wedges & Pasta Spirals Strawberry Jelly & Mandarin Oranges	Lunch Bunch Chicken Curry with Freshly Baked Mini Naan Bread - Or - Breast of Chicken with Gravy Garden Peas & Baton Carrots Steamed Rice & Mashed Potatoes Homemade Chocolate Brownie & Custard	Roast Gammon with Stuffing & Gravy - Or - Vegetarian Sausages with Onion Gravy Fresh Selection of Vegetables in Season Oven-baked Roast Potatoes & Mashed Potatoes Popcorn Biscuit & Melon Wedge	Southern Fried Chicken Goujon & Salad Wrap with Taco Sauce - Or - Baked Potato with Beef Chilli, Cheddar and Coleslaw Mini Corn on the Cob & Baked Beans Chipped Potatoes & Baked Potato Frozen Fruit Smoothie & Fruit Tub

**Breads**  
**Milk, Water**  
**Fresh Fruit,**  
**Yoghurt**  
**Available Daily**

**Salad Selection**  
**Rice Salad,**  
**Coleslaw**  
**Sweet Chilli Pasta**  
**Tossed Salad**  
**Lettuce, Cherry**  
**Tomato**  
**Grated Carrots**  
**Cucumber**  
**Diced Red Peppers**  
**Red Onion**  
**Radish**  
**Beetroot**

**If You Require**  
**Any Additional**  
**Information on**  
**Allergens or**  
**Special Diets**  
**Please Contact**  
**the School to**  
**complete a**  
**Special Diets**  
**Application Form**

EAT SMART WITH **THE LUNCH BUNCH**

**MENUS MAY CHANGE**  
**DUE TO DELIVERY CHANGES**